

Torrington High School

Your Hometown High School



WINTER 2020



8
7
6
5
4
3
2
1

10

20

30

40

50

10

20

30

40

50

Superintendent Sue Lubomski -

We are so excited to welcome you to the world of Torrington High School! Many of you have been eagerly anticipating the beginning of your high school experience. This is the perfect time to be entering 9th grade. Your journey begins in the 8th grade, when you participate in “A Day in the Life” Shadow Program. On this day, you will visit our campus, share in activities and participate in high school classes. In 9th grade, there is a special orientation in August to help you become familiar with the campus, your class location and schedule as well as the high school routine. The 9th grade is set up in small learning communities to enable you to have a smooth transition to the high school.

Please feel free to contact any of the THS administrators if you have any questions. You will be so impressed with all we have to offer.

We can't wait to have you join us at Torrington High School!

Interim Principal Robin Ledversis -

I am honored and humbled to be leading Torrington High School with a fantastic administrative team and staff. Not only am I excited to work with your children, but I look forward to the work we will do together. We are committed to excellence and encouraging the students to do their very best. We will let them know they are valued and have a special place at THS. Please encourage them to embrace their academics as well as the wonderful extra-curricular opportunities available to them.

Why Torrington High School? -

Let me start by telling you a little bit about my own two children/adults who graduated from Torrington High School in 2007 and 2009 respectively. Kevin, my husband and I take great pride in knowing that Torrington High School prepared them well for a successful adult life. Sue is a fourth-grade teacher in Southington and often recalls and shares how special Torrington High School was for her. Her best friends attended THS, and these ladies are incredible human beings who continue to support and share in one another's personal and professional milestones, and are all thriving in their lives, and chosen careers. Our son Sam is in sales and doing extremely well for a company involved with computer software. His best friends also attended Torrington High School, and these men are amazing people, who are also doing very well for themselves, and have found great value and meaning in their work, and life beyond THS. Both Sue and Sam credit Torrington High School with playing a huge role in who they are today. They were involved in challenging academics, but also took advantage of many of the extra-curricular opportunities provided for them.

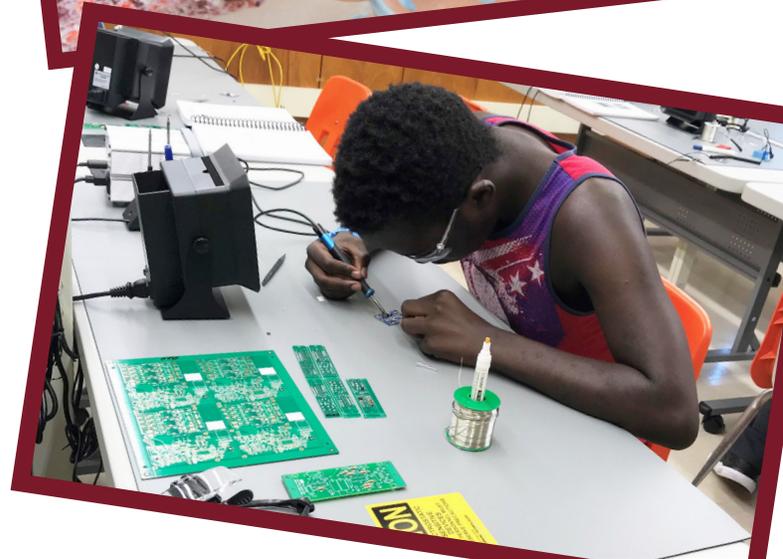


DIVERSITY OF PROGRAMS

WE HAVE AMAZING STAFF AND STUDENTS!

They are working together to ensure that their time here is the best it can be. We try our best to make sure that each student is positively connected to the THS community through both rigorous academics and engagement in various extra-curricular activities and clubs. We are champions for our students and building positive relationships is at the core of all that we do. For example, student ambassadors help transition our new students to THS and peer tutors are available to provide extra help when needed. Our students speak 16 different languages and come from over 35 different countries. We embrace our diversity and appreciate that this rich and cultured environment provides the students with a comprehensive experience that prepares them for success in our global, always changing world. Our Raider Rally charity event is one of many activities that provide students with community service opportunities, encouraging students to be active citizens. We are consistently adding new and innovative initiatives, such as the competitive robotics team, a coding class, and the newly formed debate team. Through our clubs, curriculum, and extra-curricular opportunities, our students travel nationally and internationally and win awards along the way. All of these opportunities help build friendships, encourage independence, and grow student resumes. The options are endless come join the fun!

THS is a wonderful place to experience cultural diversity. We have approximately 70 ELs (English learners) in our program. The ESL department offers 10 different courses to meet the needs of our students covering four levels of English from newcomer to advanced. ELs also take regular mainstream classes and participate in a wide variety of sports and clubs here at the high school.



**BORLA AND
ASSOCIATES, LLC**
REAL ESTATE
Linda L. Ganem
860.480.0798
LindaLGanemRealtor.com

Dr. MICHAEL CURI
JESSICA MAGDA
Pediatrics & Adolescent Medicine
860.482.8177
www.torringtonpediatrics.com

Litchfield Hills Professional Center • 30 Peck Road, Torrington, CT 06790

GUIDANCE & CAREER PATH

VISION

The Torrington Public Schools will ensure every student is able to graduate with the skills and attributes that empower them to enter the college or career of their choosing.

In order to support the Vision of Torrington Public Schools, the School Counseling Department's mission is to support student learning by helping students become self-directed to acquire the skills and knowledge necessary for entry and success in college and career endeavors. We support skill acquisition and independent thinking through the work of four school counselors, social workers, a speech and language specialist, a hearing specialist, a school psychologist, a special education director, a translator/community outreach specialist, a teacher supporting student internships, an administrative assistant, and an assistant principal for college and career readiness.

This work includes:

- Social/Emotional support and learning via one on one and group sessions
- Administration of 10 UCONN Early College Experience Courses
- Administration of 9 Advanced Placement courses and examinations
- High School partnership with Northwestern Community College; juniors and seniors can take up to two free college courses at NCCC per semester
- Scheduling to include weekly extra-curricular activities and extra-help during the school day
- Development of new courses such as the Science of Learning to support student high school and college readiness initiatives
- Development of course credit for student internships in community organizations and companies
- Administration and support for preparation on five Preliminary SAT (PSAT) tests for students to improve scores for college entry and scholarship eligibility
- Coordination of local scholarships awarded to THS students of approximately \$70,000 annually
- Development and execution of college workshops on essay writing, common application, FAFSA, and other topics on college selection and admission
- Evening workshops for parents and students, College Fair, College Applications and Financial Aid.
- One on one support for class selection, college admissions, and personal matters

- Administration of Special Education supports for eligible students
- Administration of Section 504 supports for eligible students
- Administration of School Attendance committee to promote good attendance and correct deficiencies in student attendance
- Speech and language services in one on one and group settings
- Translation of communications and meetings to promote a welcoming environment for non-English speaking students and families.

MISSION

The THS Guidance Department's mission is to serve all students who walk through the front doors as Freshman, right up until graduation as Seniors, four short years later.

Our "A Day in the Life" Shadow Programs allows eighth-grade students the opportunity to experience life at Torrington High School.

Through the development of "career pathways", a framework that organizes a multi-year curriculum around a career-related theme, you select a set of core academic classes, along with hands-on, lab and simulation classes related to your chosen career theme. The aim is to make high school more meaningful and motivating for you as well as to prepare you for life after high school.

The Career and College Pathways include:

- Arts Performance, Production & Management
- Business, Finance, & Marketing
- Education
- Global Studies
- Healthcare & Wellness
- Public Safety, Law & Military
- STEM & Manufacturing

Pathways incorporate and connect the school campus to our entire community – utilizing all of the school and community's resources to support you: internships, apprenticeships, etc. which will ensure completion of a postsecondary option. The pathways will help you determine your future path. We have very supportive local businesses and organizations that participate in the internship and apprenticeship programs. These opportunities provide real life experiences that help you build your skills, helping you attain the abilities employers are seeking.



Richard J. Romanchick

1400 E. Main St, Unit 4
Torrington, CT 06790

O: 860.618.7334

C: 860.866.8900

F: 860.618.7335

www.abcinsct.com



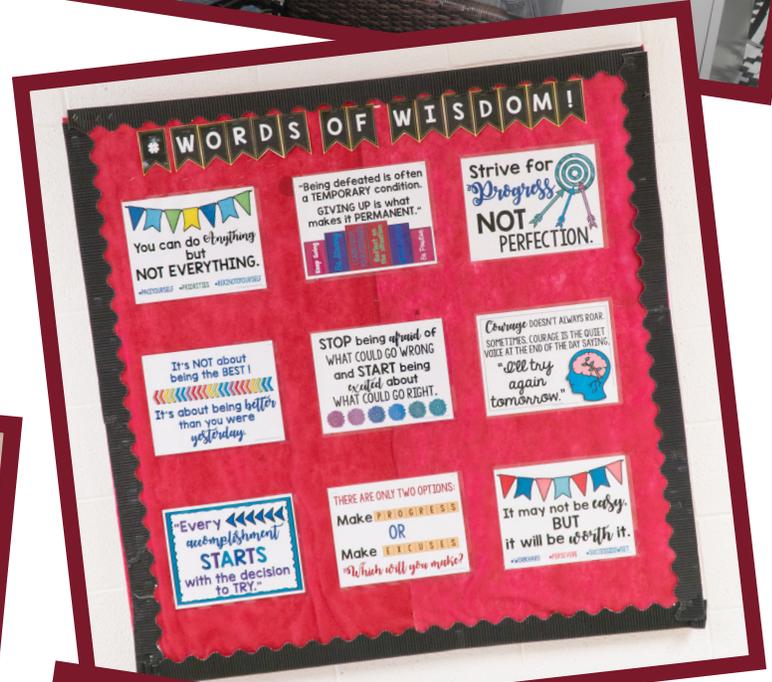
266 MAIN STREET • TORRINGTON, CT 06790 • 860-201-4933
ROSAVEGABAKERY.COM

THE CLASS OF 2019

Some of the Institutions of Higher Learning:

Amherst College | Bryant University | Central Connecticut State University | Coastal Carolina University | Cornell University | DePaul University | Fairfield University | Florida Southern University | Fordham University | Hartwick College | James Madison University | Loyola University | Maryland | Marist College | Penn State | Post University | Quinnipiac College | Roger Williams University | Seattle Central College | Temple University | UConn | University of Hartford | University of Maine | UMass (Amherst, Boston, Dartmouth) | University of Vermont | Wagner College | Xavier University | Yale University | And more!

THS also offers more UCONN ECE (Early Childhood Education) courses than any other high school in our area and we offer dual credit courses with Northwestern CT Community College. Students can earn a year's worth or more of college credit BEFORE they graduate from THS. This is an opportunity that few other high schools in our area can offer.



Albreada
REFUSE & SWEEPING LLC
 Locally Owned & Operated

860.482.6799 • AlbreadaRefuse.com

5210 **NWCT Healthy Eating, Active Living Initiative**
LET'S GO! fittogethernwct.org

CLUBS & ORGANIZATIONS

Everyone wants to belong. There are more than 35 clubs at the high school. There are so many choices: Chess, Fishing, Unified Sports, Debate, Interact (Community Service), Diversity, Beautification, Robotics, to name just a few. All of this year's 9th graders are involved in a club.

We have over 500 students involved in over 35 clubs. We are consistently adding new and innovative initiatives, such as the competitive robotics team, a coding class, and the newly formed debate team. Through our clubs, curriculum, and extra-curricular opportunities, our students travel nationally and internationally and win awards along the way. All of these opportunities help build friendships, encourage independence, and grow student resumes. The options are endless come join the fun!

We also have a Multicultural Diversity Club who put on a Diversity Day in the spring for the student body.

ALL AVAILABLE CLUBS

- Air Force Junior Reserve Officer Training Corps (AFJROTC)
- Art Club
- Book Club
- Ceramics Club
- Chess Club
- Fashion Club
- Fishing Club
- French Club
- Interact Club
- Japan Club
- Kindness Club
- Leadership Club
- Leo Club
- Mu Alpha Theta
- Multicultural Diversity Club
- National Honor Society
- Raider Time
- Rho Kappa
- Science Club
- Spanish Club
- Spring Spruce Up Club
- St Jude Telethon
- Student Council
- The Gaming Club
- Thespian Honor Society
- Unified Sports
- Varsity Club
- Young Democrats
- Youth Advocacy Club



MORE ABOUT SOME OF OUR CLUBS

Air Force Junior Reserve Officer Training Corps (AFJROTC)

This club is one that teaches students so many disciplines that they will utilize as they make their way out into the world. Its purpose is to educate high school students in leadership roles while making them aware of the benefits of citizenship. The mission of JROTC is to motivate young people to become better American citizens.

Varsity Club

The Varsity Club is open to any student who has received a Varsity letter in any sport. The Varsity Club members will be responsible for building school spirit, promoting athletic events and merchandise, contributing positively to the THS and Torrington Community through service, and helping to organize the Gold T Banquet in the Spring for senior athletes. Meetings will be held once-a-month during Advisory Period in Room 1103. Let's Go Raiders!

Leadership Club

The Leadership Group is a student led group working on school initiatives as well as helping mentor Middle School and High School students.

The Gaming Club

Want to test your gaming skills against your peers? This can be the group for you. They are sponsored by Games workshop and have a curriculum for playing the Warhammer games.

Kindness Club

Random acts of kindness around any school, workplace or home are always welcome. Be part of a group that spreads them.

Leo Club

This community-based club helps raise funds and goods for local charitable organizations while promoting youth civic involvement.

Multicultural Diversity Club

One of the best things about THS is our strength, which in part comes from our diversity. This group promotes what makes us more alike than we think.

Raider Times

Two student publications, the Raider Times and the Symphony magazine, are created and published in house. Be part of the future of writing!

St Jude Telethon

This Club has been raising funds for the St Jude Telethon which supports children with cancer at the hospital in Memphis, Tennessee. The St Jude Telethon is televised here at THS every March. Students learn the unique skill of giving of themselves to help others.

Unified Sports

If you ever want to spend a couple hours watching young people play sports for the purest of reasons, become part of this remarkable club that helps foster an inclusive community where the values of tolerance, patience and sensitivity are cornerstones.

Santoro's Cleaners
462 Torrington West Street • Torrington, CT 06790

Professional Dry Cleaning & Commercial Laundry
Shirt Laundry • Fire Restoration

860.489.5885

NINJA TRAINING CENTER
TORRINGTON YMCA

YNINJA.ORG

**YOU CAN
BE A NINJA
WARRIOR**



- YOUTH CLASSES
- TEEN CLASSES
- BIRTHDAY PARTIES
- OPEN GYM
- AND MORE!





Art Club - Sewing



ROTC Niantic Field Trip

An ROTC Curriculum in Action trip to Camp Niantic in Niantic CT. Cadets participated in several leadership activities and team building events including rappelling.



ROTC Cadet Orientation Flight

Here is an orientation flight from Berkshire Aviation in Great Barrington, MA. Cadets learned first-hand how planes fly and were able to actually fly the aircraft over THS. The purpose is to expose cadets to careers in Aviation.



Robotics Club



Future Business Leaders of America Club



Arum & Associates LLC
Consulting

2291 Torrington West Street • Torrington, CT 06790
edarum@hotmail.com

T: 860.482.7087 | F: 860.482.0687 | C: 860.309.7913



EMBROIDERY • DIGITAL GARMENT PRINTING
SILK SCREENING • PROMOTIONAL ITEMS • HEAT TRANSFERS

261 OAK AVE
TORRINGTON, CT
jamie-morethanwords@live.com

860-201-4499

More than Words, LLC

ACADEMIC OFFERINGS

Academics are strong at the high school. We have 20 AP and UCONN classes. You can earn college credit while you are taking high school classes.

Through the development of “career pathways”, a framework that organizes a multi-year curriculum around a career-related theme, you select a set of core academic classes, along with hands-on, lab and simulation classes related to your chosen career theme. The aim is to make high school more meaningful and motivating for you as well as to prepare you for life after high school.

The Career and College Pathways include:

- Arts Performance, Production & Management
- Business, Finance, & Marketing
- Education
- Global Studies
- Healthcare & Wellness
- Public Safety, Law & Military
- STEM & Manufacturing

There are some great classes being offered in photography, Science of Learning, drama, foods, mechanics, Piano, Video production, wood working just to name a few. There are many exciting course offerings to help students be vested in their education.

ADVANTAGES WITHIN OUR MATH DEPARTMENT

We offer the typical college prep courses in Algebra, Geometry, Algebra 2 and Pre-Calculus. All of these are offered at the honors level as well.

We offer two courses which give our students the opportunity to receive college credit.

They are the AP Computer Science course and the ECE/AP Calculus course. Here are some highlights of each.

AP Comp Sci:

- *This course is equivalent to the first course required for many majors related to software development, such as software engineering, information technology, and computer science.
- *Students collaborate as they build, test, and run programs to solve problems.
- *Students have the opportunity to earn college credit by taking the AP Computer Science exam.

ECE/AP Calculus:

- *This course follows the same syllabi as the Calculus I and II taught on UConn campuses.
- *Students are taught and assessed by a certified UConn adjunct professor.
- *Students can earn college credit for a fraction of the cost of taking the same courses on campus.
- *Because the material is the same, students can also take the AP Calculus BC exam for college credit.

We also have a Statistic course that is wonderful, challenging, yet engaging.

Statistics:

- *This course is the same as many elementary statistics courses offered in college.
- *Many college majors include statistics in their courses of study.
- *Throughout the year, students use the skills they learn to explore data related to topics of their own choosing.

This year there is a Technology Coding Class being offered.

ADVANTAGES WITHIN OUR SOCIAL STUDIES DEPARTMENT

Here are some great things that our Social Studies Department is involved in that makes THS a great place to be.

We The People Academic Competition: Juniors who take UCONN U.S. History take part in a competition where we compete against some of the top high performing schools in our state by examining the U.S Constitution.

Model United Nations Day: Each May all of our Sophomores take part in our THS Model UN day. Well-dressed THS Students turn our history classrooms into United Nations styled hearing rooms for a day of debate and collaboration. Students often attend the Yale Model UN Conference in the winter as well.

CT History Day: THS Students take part in the History Day competition. Students prepare theme-based projects to present at local and state competitions for the purpose of qualifying for the National History Day competition in the spring. We have had students place in all three levels of the competition.

Criminal Law/Justice electives offer special guest speakers that include local law enforcement officials.

We offer numerous courses where students can earn college credit-

MARIO LONGBUCCO

COMMERCIAL ASSOCIATE

O: 203.456.3231
M: 860.307.5945

mario.longobucco@cbcnrt.com
cbcnrtne.com

7 Old Sherman Turnpike, Ste 207
Danbury, CT 06810



**COLDWELL
BANKER
COMMERCIAL
NRT**



ron.barrante@norcom-usa.com
ronbarrante.norcommortgage.com
1400 E. Main St. | Torrington, CT 06790

Ron Barrante
Branch Manager

P: 860.201.5834
M: 860.782.1328

NMLS ID # 635947
Company NMLS ID # 71655

UCONN and AP courses. Many students report they are saving themselves a great deal of time and money as they enter college-some have saved themselves an entire semester of having to take courses because they have earned credit for these courses while they are in high school.

We offer perhaps the largest variety of electives at THS. Courses like History of American Film, Intro to Philosophy, and Intro to Psychology are just a few of our popular electives that are available.

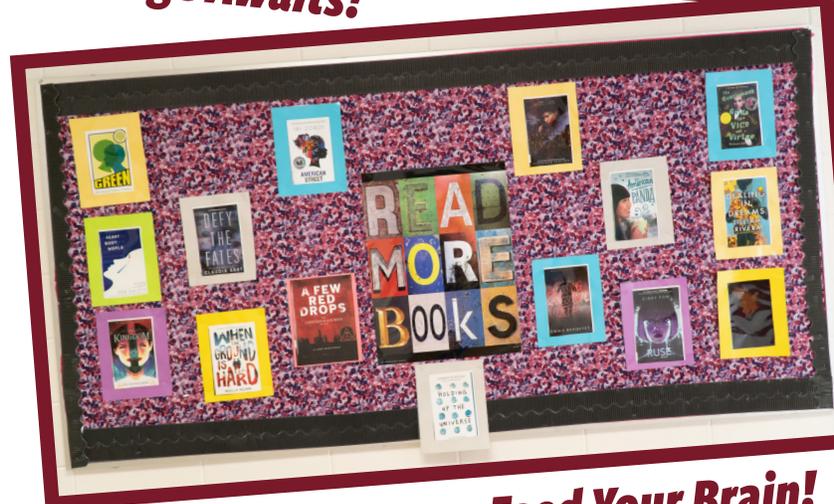
We are currently attempting to put together a debate team here at THS, which already exists at TMS

LIBRARY MEDIA CENTER

- Space in the school with room for many different types of activities – individual study and group study, presentations, meetings for students, teachers, BOE and community organizations
- Air conditioned!
- Display of student artwork
- Desktop and laptop computers
- Open extended hours – 7:00 to 3:00 (student school day is 7:20 to 2:10); 2 late bus days, open until 3:40
- THS archive of yearbooks (1935 to present), student publications, photos, scrapbooks
- Print and digital resources to support curriculum and help students achieve academic success at THS and prepare for life beyond high school
- Current young adult and adult fiction
- Graphic novels
- Spanish books
- Nonfiction, including information about current relevant issues, along with curricular topics
- Online databases for student research, accessible at school and at home
- Research and writing online tool, Turnitin
- Google Apps for Education (THS is a G Suite for Education school)



Knowledge Awaits!



Feed Your Brain!



**245 East Elm Street
Torrington, CT 0679
860-482-5551
www.vinnystorrington.com**

Miniature Golf
Batting Cages
Go-Carts



Arcade
Ice Cream
& Candy Shoppe

SPORTS WORLD
19 Rowley St • Winsted, CT 06098 • 860-738-9799
randbsportsworld@gmail.com
OPEN YEAR ROUND

FINE ARTS

WHAT ARE FINE ARTS?

Fine Arts is the process of creating visual expressions through drawing, painting, sculpting, mixed-media, and technology.

Fine Arts provide opportunities for students to discover who they are and enhance their lives in a variety of ways.

Projects in fine arts nurture creativity and intellectual curiosity, encouraging the development of artistic skills while showcasing each student's unique identity.

Throughout each course cultural diversity is celebrated through the study of art history.

WHO ARE THE FINE ARTS FOR?

EVERYONE! Regardless of your ability level anyone can be successful in a fine arts class.



My Art teachers at THS helped me improve my art skills and exposed me to art exhibition and art sales opportunities, which is REAL WORLD EXPERIENCE! My work ethic and creativity grew immensely while I was there and now, I'm at my No 1 choice of colleges studying animation and having the time of my life!

Macayla Muzzulin
Class of 2019



I never imagined I would enjoy drawing and working with clay so much at THS. After middle school I didn't plan on studying art at THS, but after taking one class my freshman year I was hooked!

While at THS, my art teacher facilitated an interview at Altek Manufacturing Company. Part of the training for my job required that I take a class at Northwestern Community College. That's when I discovered that I had an affinity for soldering microscopic parts.

Developing my skills throwing on the wheel, applying detail work in drawing and carving on clay totally helped me secure the job I still have today!

Surface Mount Machine Operator - Altek
Cody Kulesza
Class of 2016

OLIVER TAEB LLC

Marriage and Family Therapy • Substance Abuse / Addiction
Anxiety, Depression (Kids and Adults) • In-Home Counseling Available

Licensed Marriage and Family Therapist
Licensed Alcohol and Drug Counselor

One Torrington Office Plaza • Suite 301 • Torrington, CT 06790
860-618-5910



**YOUR ONE-STOP
PRINT SHOP**

Graphic Design • Small Format Printing
Large Format Printing • Signs & Banners
Printed Clothing & Merch • Laser Engraving
Decals • Mail Marketing • & Much More!

257 Main Street, Torrington, CT • 860.496.7525
www.minutemantorrington.com

THE LITTLE THEATER

Nothing about the name properly describes what goes on inside this marvelous auditorium which springs to life in a most magical way for all who are fortunate enough to take in a show or be part of putting one on.

Here, future stars of many disciplines can find their individual voices or callings.

Here, lifetime friendships begin while students learn the importance of teamwork, dedication, commitment and perseverance.

So many great things happen when students take up acting or work on sets or lighting or so many additional options that arise when they join this group.

The Little Theatre teachers care about quality shows, care about the performer's individual development and care about the Torrington community, who will have the privilege of taking in these productions.

One does not need experience on stage or behind the scenes to become part of this remarkable program that welcomes all.

The THS Theatre was encouraging and inspiring for a young designer. Through our plays and musicals, we collaborated as a team to put on productions for our fellow students and community. The program allowed the students to take charge of the production from all aspects working together to meet the deadline of opening night. A skill I continue to use in my profession daily.

Dan Rousseau
 Class of 2004
 Emmy Award winning lighting designer, NYC



Torrington High School Theatre changed my life in quite literally the best way possible. My freshman year at THS I was filled with anxiety and was too nervous to even speak in class. After I joined theatre at THS I found some of my best friends and a passion in which I am pursuing in college. Theatre at Torrington High School will forever hold a place in my heart because it truly shaped who I am as a person due to the welcoming, family-like environment, where a person does not have to be afraid to be themselves.

Aubrie Dell'Agnese
 Class of 2019



Through drama, I found family, self-confidence, a home away from home and a career. Trust me, I was the last person you'd ever expect to see onstage. However, theatre at Torrington High School is a true judgement free zone. No matter where you came from or what you looked like, everyone was treated with fairness, respect and love. I'm incredibly proud of the art I got to create on that stage and the art that is still going strong to this day.

Justin Torres
 Class of 2018



Charlotte Hungerford Hospital
 A Hartford HealthCare Partner
 (860) 496-6666
 540 Litchfield Street, Torrington, CT
 CharlotteHungerford.org

Bankers. Neighbors.
Friends
 We are all of the above. Always.
Litchfield Bancorp 1850
 EVERY CUSTOMER COUNTS™
 www.LitchfieldBancorp.com

Visit one of our branches today!

- Litchfield**
294 West Street
- Lakeville**
326 Main Street
- Torrington**
1320 E. Main Street
- Watertown**
51 Straits Turnpike
- Washington Depot**
Bryan Plaza

NMLS ID #510070 Member FDIC Equal Housing Lender

BAND

It's hard to start talking about just how much being part of the THS Band can do for students who become part of this award-winning musical marvel.

Under the tutelage of Wayne Spletstoeszer, students become part of a music department which is known as "The Pride of Torrington."

In every sense of the way, students become part of so many things that can help them as they make their way through high school and beyond.

Previous training on an instrument is not necessary for students attending THS, everything they need is right here.

If you have attended any Raider football game or taken in the Torrington Memorial Day Parade, you have witnessed the majestic strength that defines the machine that is the THS band.

Your child will learn teamwork, discipline and they will understand what it's like to be part of something bigger than yourself.

THS Music Technology has been nationally recognized as a model program for the implementation of technology into the music curriculum.

Award winning and professional musicians regularly come out of the Torrington High School music department. Why not your child?



Jason Li - Freshman



Vivane Abou Hamzy - Junior



Dana Cisowski - Senior



Litchfield County
SPORTS
YOUR LEADING SOURCE FOR HOMETOWN SPORTS

**To Advertise in
the LCS Magazine:**

Tim Gaffney
tgaffney@marketedgewriters.com

**Celebrating
10 Years!**

**To Subscribe to
the LCS Magazine:**

www.litchfieldcountysports.com

Alfredo's
Italian Eatery & Cafe

168 Water Street • Torrington, CT 06790 • 860-482-1888
www.alfredoseatery.com

CHEER & DANCE

Cheer and Dance are no longer simply side activities for high school students.

Expect your child to develop some remarkable skills that they might not have known they possessed.

Some of the best athletes at any high school can be found within these two disciplines which combine grace and strength, teamwork and individuality all in one place.

Students from both programs have gone on to major colleges or performance venues around the country.

The programs goal is for each athlete to learn life skills they will need in the future. It focuses on respect of themselves and others, good sportsmanship, prioritizing and working as a team.

Raider coaches truly believe that participating in these activities can give students the tools to be successful adults.

Dance routines are developed by the students and guided by caring teachers who help them learn skills such as choreographing.

Performing in front of hundreds inside the Connie Donahue Gymnasium or outside within the Robert H. Frost Complex is an experience your child will never forget.



Front: Rylee Reese, Right: Christina Powell, Back: Ava McKinney



Top: Daniella Kulesza, Bottom Back: Emma Kemp, Bottom Left: Shelby Centrella, Bottom Right: Chloe Allen

MALETTA PFEIFFER & ASSOCIATES, LLC TORRINGTON PHYSICAL THERAPY

30 Peck Road
Building 1, Suite 1101
860.489.0867

245 Alvord Park Road
860.496.9851

info@torringtonpt.com
www.torringtonpt.com



TORRINGTON VARSITY ALUMNI CLUB

Open to all THS Varsity Letter earners

Contributing over \$200,000
in scholarships since 1945

torringtonvarsityalumniclub.com

ATHLETICS

CAN YOU HEAR IT?

The roar of the crowd at a packed football game or an even louder rumbling from inside the gymnasium during a basketball game?

It's astounding and your child could be part of it. The memories and life lessons they can take away cannot be measured but are also invaluable.

Torrington High School offers 22, count them, 22 Naugatuck Valley League accredited sports programs for students who attend.

There is truly, something for everyone.

In the fall, Football, Boys and Girls Soccer, Girls Volleyball, Girls Swimming (at the Torrington YMCA) and Cross Country start the school year off with a bang.

Once the weather shifts towards winter, events move inside for Boys and Girls Basketball, Boys and Girls Indoor Track and Boys Swimming (at the Torrington YMCA).

In both the fall and winter, Torrington athletics feature both Cheer and Dance squads who not only perform at games but in competitions around the area.

Come spring, opportunities are available in Baseball, Softball, Boys and Girls Outdoor Track, Boys Golf and Boys and Girls Tennis.

Being a Raider who participates in sports has created so many memories for Alumni who still come back to this day to be part of events such as the Torrington Varsity Alumni Club, 5K Run in early June or the Alumni Day held the day after Thanksgiving every year now.

Being a Raiders provides student/athletes with the opportunity to give back to their community in events like the Torrington Kids Marathon which promotes healthy habits for the next generation of THS students.

The teamwork, comradery connections developed through athletic competition is second to none and can help your child develop into the best version of themselves.



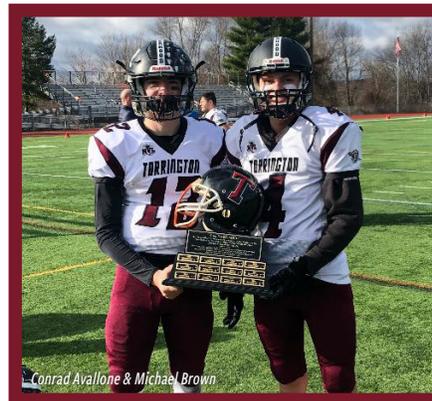
Girl's Basketball Winning the NVL Tournament



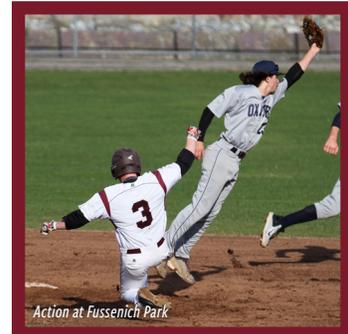
Boy's Basketball



Connor Finn



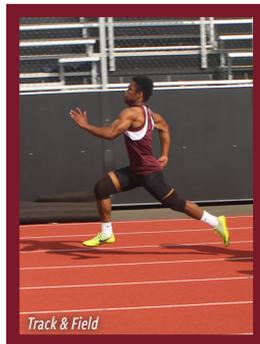
Conrad Avallone & Michael Brown



Action at Fussenich Park



Boy's Soccer



Track & Field



Right: Ora Curry

Market Edge Writers

"To Compete In This World - Get Yourself Noticed"

Show Colleges and Universities
What *You* Have to Offer

An effective, low cost way to get your student noticed at universities around the country.

www.marketedgewriters.com



Restaurant & Facility Available For:

CORPORATE EVENTS • WEDDINGS
SPECIAL PARTIES • BUSINESS MEETINGS
OR ANY OTHER SPECIAL EVENT
YOU ARE PLANNING

860.379.9539

Let us take care
of your next event

300 Torrington St. • Winsted, CT

UNIFIED SPORTS

THE ABSOLUTE JOY OF UNIFIED SPORTS

Torrington High School simply has one of the best Unified Sports programs in the state and has been doing remarkable things that highlight just what athletics and being part of a community can do for any individual.

Want to witness pure happiness? Show up at any Unified Sports event, be it soccer in the fall, basketball and bowling in the winter or kickball in the spring.

You will not be able to contain your enthusiasm as you watch these athletes, who are joined by THS mentors, play for the pure joy of the game.

Did somebody just score a goal or basket? Expect high fives and congratulations from all involved.

This program has gone a long way towards improving relationships in the hallways and classrooms of Torrington High School as well.

The Unified Sports programs came to Connecticut in 1992 as part of a partnership between Connecticut Special Olympics and the Connecticut Interscholastic Athletic Conference and now includes 95 percent of all public high schools in the state.

Torrington High School is an award-winning Unified Sports partner and holds multiple tournaments on campus each school year. Do yourself a favor, attend one.



RESIDENTIAL & COMMERCIAL

- SECURITY
- FIRE DETECTION
- CAMERA SYSTEMS
- SMART HOME CONTROL
- AUDIO/VIDEO THEATER
- INTERNET NETWORKING
- 24HR MONITORING
- ACCESS CONTROL
- INTERCOM ENTRY SYSTEMS

852 East Main Street • Torrington, CT 06790

P 860.496.7041 • F 860.496.7043 • www.soundworksandsecurity.com

**NORTHWEST
INSURANCE
SERVICES, LLC**
"Insurance makes all things possible"

860.613.6300

BRENDA BAKKER • KAREN BEADLE • PETER BAKKER JR.

455 MAIN STREET • NEW HARTFORD, CT 06057

ALUMNI



Looking back to my time as a student at THS, the two most important parts of my education came from being in the Band and participating in the THS Theatre. Under the direction of Wayne Spletstoeszer, we were taught far more than how to play an instrument in a piece. We were taught collaboration, attention to detail, respect, and knowing what it meant to be “The Pride of Torrington”. These critical skills prepared me for my next chapter into college where I studied Lighting Design. Mr. S has a unique way of making the performance of music into something that reaches far beyond. Some of my best memories of being in High School come from my time in the band.

Overall, the campus of THS with its faculty and staff provided a sturdy foundation for education where a student could receive a solid core education while partaking in teams and groups that shaped an individual beyond the textbook.

Dan Rousseau
Class of 2004
Emmy Award winning lighting designer, NYC

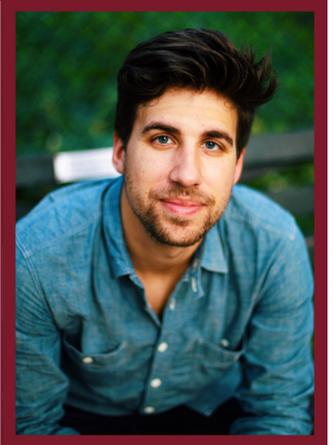
I can't overstate the importance THS has played in shaping the path of my musical journey. I am currently a full-time musician living in Brooklyn, NY.

Rewind back to 2008 when I was a Junior at THS and was only just beginning to discover my love of music. I was a varsity baseball player and had never been a part of the various, unparalleled music programs offered by the school (something I've always looked back on with regret, get involved kids!). So, when the music bug bit me, and it bit me hard, I wasn't sure where to turn. Thankfully, the faculty was right there to embrace me. At the time, I was too insecure in my own abilities to join band or theatre, but I knew I had to find a way to pursue my passion for music. There are endless opportunities THS has to offer, and when I saw there was a music theory course, I knew that would be my next move. And that's when everything changed for me.

That theory class taught me more than I ever could have imagined. I had been studying piano since the age of nine, but it wasn't until I took this class that the instrument finally made sense to me. Everything suddenly clicked and I was understanding music like I never had before. I met one of the most influential teachers in my life, Mrs. Morin, who regularly allowed me into her music-room during lunch breaks to play the piano. She was always complimenting me on my progress, pushing me to go further, and fueling my desire to continue to learn. There were even opportunities to sing the National Anthem for a variety of school sporting events, and there was nothing more exhilarating than hearing the roar of my fellow students in the crowd cheer me on while I worked to develop my voice as a singer.

It was an honor to be embraced with such love and support by the student-body, faculty, parents, and staff. Without this support, who knows if I would've had the courage to pursue a path so new and unknown to me. The students and faculty at THS were there for me when I discovered my passion, and they helped nourish it. When it was time to go off into the world, thanks to THS, I was prepared for my next chapter in life. I went off to Hofstra University, where I earned a degree in Jazz and Commercial music before making my way into NYC to begin my life as a working musician, where I am today. Still playing, still learning and still feeding the passion that sparked and grew at THS.

Mike Tedesco
Class of 2010





THS allowed me to explore my diverse interests, like music, media production, and costume design, while completing my general education requirements, which provided me with the credits I needed to be accepted into liberal arts colleges.

However, it is possible to tailor your high school career at THS to be exactly what you're looking for, and there are some amazing staff members who will go above and beyond to make that happen for you! My senior year, I took an independent study with my choir director, and got to sing with her for a whole period every day! My sophomore year I had a biology project for which I had enough creative liberty to write and perform a song about the smooth endoplasmic reticulum for my class. My video production teacher saw the potential in me and allowed me to borrow equipment for my own passion projects. I still credit my senior year English teacher (Hey Ms. DeMarchi!) any time someone compliments my writing and attention to detail.

Outside of academics, THS offers a variety of extra-curricular activities for whatever you could imagine! I participated in Yale Model UN for three years, was a member of the French club, served as Vice President of the Interact Club and Thespian Troop, sang in the Chamber Choir, among other things. And there are many other outside programs that are easy to get involved with at THS, because the staff and students are all so involved in the community. The Little Theatre was my second home throughout high school, as was the music wing! Performing was the one thing I always knew I wanted to do, and I was able to find many different outlets at THS to advance my musical career. In college, I continued to pursue media production, music, and acting.

I am now pursuing music as an independent singer/songwriter, and still continue to receive support from my THS community. It took me a long time to figure out what I wanted to do, but THS was a pretty good place to explore my options and start to figure it all out.

Felice Magistrali
Class of 2014

Torrington High School provided me with a great opportunity to experience tournament play as we did while I was a member of the Golf team. The Naugatuck Valley League is a strong league with many great players who I was fortunate enough to compete against during my time as a Raider. Today, I am attending Post University working on my Masters in Public Administration. I graduated with a double major in Criminal Justice as well as Emergency Management/Homeland security. I played two years of Ice Hockey at Post as well. I walked on to the Division II golf program at Post and am in my last season playing golf at that level. I am very thankful for Torrington High School.

Ben McKenna
Class of 2013



Torrington Board of Education
355 Migeon Avenue
Torrington, CT 06790

PRESORTED
STANDARD
U.S. POSTAGE
PAID
HARTFORD, CT
PERMIT # 2386

